Speech on Self

Grades 9-12

Educational Objective: The students will demonstrate their ability to speak in front of a group by giving a 1-2 minute speech about themselves.

Materials Needed: None

Hook: Have the students sit in a circle on the floor. Put a simple object in the middle of the circle.

- **Step 1**: Going around the circle, everyone must give a one word description of the item.
- **Step 2**: Going around the circle, everyone must give a one sentence description of what they could do with the item.
- **Step 3**: Going around the circle, everyone must give a one sentence description of what it reminds them of.
- **Step 4**: Talk about how all answers are different according to everyone's background. Everyone has unique perspectives.
- **Step 5**: Have each student write down something about their life situation that they think is unique from everyone else. The life situation is something that they have no control over. For example, they were born with six toes. They shouldn't tell anyone. Have them read them to the class.
- **Step 6**: Have each student write down something unique about their life that they do have control over. (Ex. Because they have done X they have Y in their life). Have them read it to the class.
- **Step 7**: Have each person share an embarrassing moment, or a moment of glory.
- Step 8: Hand out the Speech On Self assignment and read thru it.

Speech On Self Assignment

- -You must deliver a 1-2 minute speech on yourself in front of the class next time we meet.
- -You must turn in a written outline of your speech, however, you shouldn't read your speech.
- -Your speech must be between 1 and 2 minutes.
- -Your speech must be about you.
- -Your speech could include, but is not limited to, the following: A favorite thing, a hated thing, something about your family, a philosophy you live by, a cause you believe in, a cause you don't believe in.

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